

THE LOUDOUN SCHOOL OF BALLET

BALLET DEPARTMENT LEVEL REQUIREMENTS

BALLET II

General age range: 6 to 8 years.

Requirement: One time per week of graded ballet technique.

Advanced Program: MON 4:30-5:30 pm, TUE 4 – 5 pm, FRI 4:30-5:30 pm, SAT 10:30-11:30 am, plus additional Ballet or Contemporary elective.

Alternate Program: Beginning ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These Beginning Ballet classes have a greater age range; their syllabus includes Ballet II curriculum. Students who only attend one class per week should expect to stay in grade level for more than one year.

BALLET III

General age range: 7 to 8 years.

Requirement: Two times per week of graded ballet technique.

Advanced Program: MON & WED, 4 pm, plus additional Ballet or Contemporary elective.

Alternate Program: Beginning/ Intermediate ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet III curriculum. Students who only attend one class per week will stay in grade level for more than one year.

BALLET IV

General age range: 8 to 10 years.

Requirement: Two times per week of graded ballet technique.

Advanced Program: TUE 4:00 pm & THU 5:00 pm plus additional Ballet or Contemporary elective.

Alternate Program: Beginning/ Intermediate ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet IV curriculum. Students who only attend one class per week will stay in grade level for more than one year.

BALLET V

General age range: 9 to 11 years.

Requirements: Two times per week of graded ballet technique. Pre-Pointe is recommended at this level.

Advanced Program: TUE 5pm & THU 4 pm, plus additional Ballet, Pre-Pointe, or Contemporary elective(s).

Alternate Program: Intermediate ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet V curriculum. Students who only attend one class per week will stay in grade level for more than one year.

BALLET VI

General age range: 10 years and up.

Requirements: Two times per week of graded ballet class. An additional ballet technique class and/or Pre-Pointe or Beginning Pointe class is recommended at this level.

Advanced Program: TUE 6:30pm & THU 7 pm, plus additional Ballet, Pre-Pointe, Beginning Pointe, or Contemporary elective(s).

Alternate Program: Intermediate ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet VI curriculum. Students who only attend one class per week will stay in grade level for more than one year.

BALLET VII

General age range: 11 years and up.

Requirements: Two times per week of graded ballet class plus an additional ballet technique class and an additional pointe class.

Advanced Program: TUE 5pm & THU 6pm, plus additional Ballet, Pointe, or Contemporary elective(s).

Alternate Program: Intermediate/ Advanced ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet VII curriculum. Students who only attend one class per week do not go en pointe and will stay in grade level for more than one year.

BALLET VIII

General age range: 12 years and up.

Requirements: Two times per week of graded ballet class plus an additional ballet technique class and an additional pointe class.

Advanced Programs: MON 7:30pm & WED 5pm, with additional ballet technique class and pointe class, plus elective(s).

Or TUE & THU 2:30 – 4pm, with additional ballet technique class and pointe class, plus elective(s).

Alternate Program: Intermediate/ Advanced ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet VIII curriculum. Students who only attend one class per week do not go en pointe and will stay in grade level for more than one year.

BALLET IX

General age range: 13 years and up.

Requirements: Two times per week of graded ballet class plus an additional ballet technique class and an additional pointe class.

Advanced Programs: TUE & THU 7:30pm, with additional ballet technique class and pointe class, plus elective(s).

Or TUE & THU 2:30 - 4pm, with additional ballet technique class and pointe class, plus elective(s).

Alternate Program: Intermediate/ Advanced ballet classes are available for students wishing to attend more classes or attend classes on alternative days. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet IX curriculum.

BALLET X

General age range: 14 years and up.

Requirements: Two times per week of graded ballet class plus an additional ballet technique class and an additional pointe class.

Advanced Programs : MON 5 pm & WED 7:30pm, with additional ballet technique class and pointe class, plus elective(s).

Or TUE & THU 2:30 – 4pm, with additional ballet technique class and pointe class, plus elective(s).

Alternate Program: Intermediate/ Advanced ballet classes are available for students wishing to attend more classes or attend classes on alternative days. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet X curriculum.